

# ELITE TECHNIQUE PLATES KG/LB

FROM ONE STAGE  
TO ANOTHER

TRUE STRENGTH 



TRUE STRENGTH  
KNOWS WHAT'S ESSENTIAL

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# ELITE COREDELUXE TECHNIQUE PLATES

## PRODUCT OVERVIEW

CoreDeluxe Elite Technique Plates are also constructed from a high-density polyethylene (HDPE) plastic, CoreDeluxe Technique Plates have the same 450mm outside diameter as standard full-size Olympic bumper plates, but in a much lighter, more manageable weight range: 5 & 7.5 KG, 10 LB & 15 LB. This enables beginner or rehabbing athletes to practice their starting movements from the proper height off the ground (whether it be clean, snatch, or even deadlift) before transitioning to actual bumpers. CoreDeluxe Elite Technique Plates make a great complement to our line of exclusive Technique and Junior Barbells. They're also easy for anyone to load/unload due to their light weight and a grip-friendly.



Material: HDPE

Weight tolerance: +/- 10 Grams

Collar opening: 50.4+0.1mm

Color: Black

Thickness: standard width

Pairs: 5KG/7.5KG 10LB 15LB

Country of origin: Xiamen,P.R.C